

# THE ROAD RUNNER

<http://www.greaterlima.com/limaayh> email: [limaayh@greaterlima.com](mailto:limaayh@greaterlima.com)

VOLUME 40 ISSUE 4

NOVEMBER 2000



## Christmas Party in New Bremen

Date: Tuesday December 5th—6:15 p.m.  
 Where: 7 W. Monroe St., New Bremen, Ohio.  
 Cost: Free for current passholders.

(Spouses, friends or relatives without a valid pass may attend at a cost of \$12 each.)



This year's Lima Roadrunners Christmas Party and dinner will be held Tuesday, December 5th. A tour of the Bicycle Museum of America will begin promptly at 6:15 p.m., followed by a buffet dinner (roast beef or lasagna) next door at "The Grille". Presentation of trophies for Time Trials and T-Shirts & Jersey awards for participation points will be held after dinner.

The buffet dinner is free to current HI-AYH passholders. Spouses, friends or relatives without a valid pass may attend the dinner at a cost of \$12.00 each. Please bring your passes with you.

To provide "The Grille" with an accurate count, please **RSVP** to Barb Robison at 999-2091 no later than Tuesday November 28th.

MILEAGE TOP 10 THROUGH NOV 1, 2000	
1. Neal Kingsbery	1994
2. Steve Quade	1868
3. Loire Taylor	1695
4. Dan Best	1485
5. Linda Murray	1427
6. Greg Sowinski	1320
7. Elton Hammond	1017
8. Jim Prichard	1015
9. Barb Robison	963
10. Dave Schulien	952

## 2000 Time Trials Results

(at least 3 qualifying runs)



Name	Best 3 Avg	MPH	
Greg Sowinski	13:34	24.3	Senior Men Champion
Rodger Rex	14:19	23.0	Veteran Men Champion
Neal Kingsbery	15:01	22.0	Veteran Men Runner-Up
Loire Taylor	16:59	19.4	Senior Women Champion
J.D. Bruewer	17:52	18.5	Senior Men Runner-Up
Samantha Robison	25:58	12.8	Junior Women Champion

Other Members (in alphabetical order)

Name	Avg	MPH	# of Trials
Best, Dan	15:39	21.1	1
Hammond, Elton	19:05	17.3	1
Murray, Linda	16:23	20.1	2
Nagle, Bob	16:02	20.6	1
Prichard, Jim	14:30	22.8	2
Quade, Steve	15:26	21.4	1

## Neal Retires from Program Committee

A special thanks to Neal Kingsbery for his very hard work and dedication while serving on the Program Committee. It takes a lot of work to coordinate the maps of the events and making sure they are sent to the leaders.

Thank you to Leslie Berggren who will take over the position.

## SPECIAL POINTS OF INTEREST:

- HI-AYH Regional Meeting**  
 Elton Hammond attended the Midwest Regional Meeting October 13th-15th in Minneapolis, MN. Representatives from the Midwest Council, Midwest Region and National Office were present. Newly elected Executive Director Russ Hedge spoke about his visions and plans for the organization.
- Participation Points**  
 Remember that each member should keep track of their participation points. After an initial 30 points you earn a t-shirt. When you have earned a total of 60 points you earn a cycling jersey. Additional awards can be earned each time you earn an additional 60 points. Notify Dan Best when you have reached an award level.
- Little Miami Bike Trail**  
 We had a great ride Saturday and Sunday Sept. 30th and Oct. 1st on the Little Miami Bicycle Trail. Starting in Xenia, we traveled south on a gorgeous, sunny day. Riders included Neal Kingsbery, Howard & Karen Foltz, Linda Murray, Bill Harthum, Greg Cullen, Loire Taylor and Barb Robison.

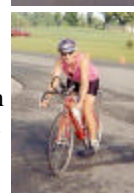
## Lima Roadrunners Compete in 2000 Kewpee Triathlon



Linda Murray, Rodger Rex, Greg Sowinski, Jim Prichard and Neal Kingsbery participated in the 2000 Kewpee Triathlon held Sunday, August 27, 2000 at Ottawa Metro Park.



Congratulations to Linda and Neal who won their age divisions in the Duathlon! Rodger, Greg and Jim rode the bike portion in the team competition. Good job to all for a job well done!



**Cycle North Carolina  
by Linda Murray**



When my vacation plans fell through, I made a spontaneous decision to call Cycle North Carolina to see if I could still register. Answer: YES! This was Friday October 6th. Ride starts Sunday October 8, 7:30 a.m. Since I was at work and they ok'd my taking off the next day, I ran home at lunch, packed everything I knew I would need for a week-long bike trip (I've toured eight states, so I have a handy list!) and mounted my bike on my car. I packed warm clothes as well as clothes for warm weather.

I took off Saturday at 6:40 a.m. and drove to Boone, NC where I arrived about 6:30 p.m. Drove through spectacular colors in WV and VA. Ride went from Boone to Wilmington, NC in 7 days (475 miles).

It's a good thing I took warm clothing. The first day we rode on the Skyline Drive. It was beautiful, but they were having the coldest spell for that time of year in 100 years. Since schools were in session, we stayed at the fairgrounds, an armory, a rec center, YMCA, etc. The fairgrounds was an open building with no heat. They had bands every night, but it was too cold to watch them. It reached 34° on two nights. I normally sleep in my tent, but with the cold weather I

slept in the building. The night at the rec center I was in a small room with tile floor and cinderblock walls. There must have been 10 people snoring in that room!

After we got out of the mountains the weather gradually warmed and by the end of the week lows were in the 50's and highs in the 80's. It didn't rain once the entire week!

There were 850 people on the tour—average age of 53. I met four people I knew from previous tours and met a couple who had ridden MDMC. One day I hadn't eaten breakfast so I stopped at an Antique Store/Bakery. The couple who owned the store asked where I was from and replied "No Way!" when I said Lima. Shelley Saddler Yost informed me she grew up in Lima & graduated H. S. with Tim Schulien (Dave's brother). I found out later that Barb Robison went to school with them also. It's a very small world.

Once we hit the flats, I got to specialize in my kind of riding—getting down on my aerobars & moving! Before I left NC, I became known as the "Ohio Express"!

My biggest challenge of the week was finding a ride back to Boone where I had left my car. I didn't have time to line up anything, but I knew it would all work out somehow! And it did. I found a ride back to Winston-Salem where I spent the night. Earlier in the week I met

the owner of a bike shop in Wilkesboro who had a 19 year old son who lived in Boone and "for a fee" was more than happy to pick me up in Winston-Salem and take me back to Boone.

The reception from the townspeople varied. Southern Pines (Pinehurst) was the worst. Two cyclists were hit by cars within an hour (another was hit on the 7th day). Luckily no injuries worse than broken bones. Whiteville gave us the best reception! They put on a fish fry, a barbecue, and tricycle races for the town officials and bike participants. They had a street dance and by then the weather was warm so we partied by dancing until 9 p.m.! It was lights out at 10 p.m. The trip was a blast! Very well organized for only their second year. I met some great people and saw some beautiful sights!

**MDMC 2001**

First planning meeting is Tuesday, November 28th at 7:00 p.m. in the American Mall Meeting Room. Please volunteer your efforts to one of the following committees:

**Marketing & Communications**

Barb Robison (419) 999-2091

**Food & Jerseys**

Leslie Berggren (419) 229-5823

**Route & Markings**

Neal Kingsbery (419) 229-3516

We are a very small club and need virtually EVERYONE'S support to make this event successful. Please donate your time!

Barb Robison

**LOCAL TRIP RULES**

1. All trips are open to all, unless listed as "Members Only".
2. All trips go regardless of weather.
3. Leader may cancel if less than six trippers. (Trippers ready to go receive 1 point.)
4. Non-member Fees: Individual \$.50 Family \$1.00.
5. **HELMETS ARE REQUIRED** for all bicycle rides.

**Lima Council AYH Meetings Schedule**

All meetings are held in the American Mall Meeting Room, near Anderson's.

- **Tuesday November 28th**  
MDMC 2001 Planning Meeting 7:00 p.m.  
Executive Committee Meeting 7:30 p.m.
- **Tuesday January 23rd**  
MDMC 2001 Planning Meeting 7:00 p.m.  
Lima Council Board Meeting 7:30 p.m.

**2000-2001 Board of Trustees**

**Term Expires '01**

Leslie Berggren  
Neal Kingsbery  
Linda Murray  
Rick Siferd  
Tim Weitz

**Term Expires '02**

Elton Hammond  
Jim Newcomer  
Kay Nolte  
Tony Pranses

**Term Expires '03**

Dan Best  
Howard Foltz  
Jim Prichard  
Rodger Rex  
Barb Robison  
Loire Taylor  
Gene Wright

**2000-2001 Executive Committee**

President ..... Barb Robison  
Vice President & Communications ..... Rodger Rex  
Secretary ..... Linda Murray  
Treasurer & Finance ..... Tony Pranses  
Organization ..... Elton Hammond  
Service ..... Howard Foltz  
Program..... Dan Best  
Program..... Leslie Berggren  
Newsletter..... Barb Robison

## AMERICAN YOUTH HOSTELS MEMBERSHIP APPLICATION

Make check or money order payable to Lima Council, AYH.

Membership (AYH Handbook & Road Runner newsletter are free to members.)

Mail to: **Lima Council, AYH** Check One  
**PO Box 173** New Membership   
**Lima, OH 45802** Renewal

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_-

Annual Membership valid for 12 months from end of purchase month. Supporting and Sustaining Member fees are partially tax deductible. Donations are fully tax deductible.

	<u>FEE</u>	<u>TOTAL</u>
YOUTH (17 and younger).....	Free	_____
SENIOR CITIZEN (55 AND OLDER)....	\$ 15	_____
ADULT .....	25	_____
LIFE.....	250	_____
SUPPORTING.....	50	_____
SUSTAINING.....	100	_____
DONATION to American Youth Hostels, Inc..		_____
International Handbooks \$13 ea. (\$11 if no postage)		_____
Sheet Sleep Sacks \$15 ea. (\$13 if no postage)..		_____
<b>TOTAL</b>	<b>\$</b>	_____

### Activity Schedule

### November - December 2000

All trips are **Free to AYH Members**, except as noted. Non-Members pay 50¢ each or \$1.00 per Family.

Date	Time	Event	Leader	Miles		Points
				Hike	Bike	
Saturday Nov 4 <sup>th</sup>	9:00 AM 	<b>Rotary Riverwalk &amp; Sertoma Breakfast</b> (7 miles) <i>Tennis Courts on S. Collet St. Bring money for breakfast.</i>	Dan Best 339-7211	_____	_____	_____
	2:00 PM 	<b>Cruise Along the Canal</b> (24 miles) <i>Bresler Reservoir parking lot on Kemp Rd.</i>	Steve Quade 224-0402	_____	_____	_____
Sunday Nov 5 <sup>th</sup>	2:00 PM 	<b>An Easterly Loop</b> (25 miles) <i>Bath High School on Bible &amp; Slabtown Rd.</i>	Mike Wright 222-8440	_____	_____	_____
Saturday Nov 11 <sup>th</sup>	1:00 PM 	<b>Rolling Roads South-East</b> (36 miles) <i>Shawnee School on Zurmehly &amp; Beeler Rd.</i>	Loire Taylor 229-4449	_____	_____	_____
Sunday Nov 12 <sup>th</sup>	2:00 PM 	<b>Gomer-File</b> (22 miles) <i>Bresler Reservoir parking lot on Kemp Rd.</i>	Loire Taylor 229-4449	_____	_____	_____
Saturday Nov 18 <sup>th</sup>	1:00 PM 	<b>Mt. Lookout Ride</b> (32 miles) <i>Central Services Bldg. on S. Collett St.</i>	Elton Hammond 222-7301	_____	_____	_____
Sunday Nov 19 <sup>th</sup>	2:00 PM 	<b>Hobble to Hume</b> (21 miles) <i>Shawnee School on Zurmehly &amp; Beeler Rd.</i>	Barb Robison 999-2091	_____	_____	_____
Thursday Nov 23 <sup>rd</sup>	9:00 AM 	<b>Thanksgiving Morning Bike Ride</b> (15 miles) <i>Shawnee School on Zurmehly &amp; Beeler Rd.</i>	Barb Robison 999-2091	_____	_____	_____
Saturday Nov 25 <sup>th</sup>	2:00 PM 	<b>A-B-C Tour</b> (31 miles) <i>Bresler Reservoir parking lot on Kemp Rd.</i>	Loire Taylor 229-4449	_____	_____	_____
Sunday Nov 26 <sup>th</sup>	10:00 AM 	<b>Bike the Slippery Elm Trail</b> (26 miles) <i>McDonald's on N. West St. Carpool to N. Baltimore. Bring \$.</i>	Linda Murray 225-8241	_____	_____	_____
Saturday Dec 2 <sup>nd</sup>	1:00 PM 	<b>Bresler Reservoir</b> (4 miles) <i>Bresler Reservoir parking lot on Kemp Rd.</i>	Tony Pranses 339-4751	_____	_____	_____
Sunday Dec 3 <sup>rd</sup>	2:00 PM 	<b>Twilight at OSU</b> (4 miles) <i>Galvin Hall entrance on the OSU Campus, off Harding Hwy.</i>	Linda Murray 225-8241	_____	_____	_____
Saturday Dec 9 <sup>th</sup>	1:00 PM 	<b>Bath Loop</b> (6 miles) <i>Bath High School on Bible &amp; Slabtown Rd.</i>	Neal Kingsbery 229-3516	_____	_____	_____
Sunday Dec 10 <sup>th</sup>	2:00 PM 	<b>Delphos Canal Hike</b> (5 miles) <i>Firestone parking lot in front of Lima Mall. Transportation \$1</i>	Elton Hammond 222-7301	_____	_____	_____

**Lima Council HI-AYH**

PO Box 173

Lima, Ohio 45802

<http://www.greaterlima.com/limaayh>email: [limaayh@greaterlima.com](mailto:limaayh@greaterlima.com)

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**Activity Schedule****December 2000 – February 2001**All trips are **Free** to **AYH Members**, except as noted. Non-Members pay 50¢ each or \$1.00 per Family.

Date	Time	Event	Leader	Miles		
				Hike	Bike	Points
Saturday Dec 16 <sup>th</sup>	1:00 PM 	<b>Heritage Park Hike</b> (6 miles) <i>Shawnee School on Zurmehly &amp; Beeler Rd.</i>	Tony Pranses 339-4751			
Sunday Dec 17 <sup>th</sup>	2:00 PM 	<b>Laurel Oaks Opening</b> (5 miles) <i>Channel 44 parking lot on Baty Rd.</i>	Leslie Berggren 229-5823			
Monday Jan 1 <sup>st</sup>	1:00 PM or	<b>New Year's Day Bike or Hike!</b> (??? miles) <i>Northland Huntington Bank parking lot on N. West St.</i>	Neal Kingsbery 229-3516			
Saturday Jan 6 <sup>th</sup>	1:00 PM 	<b>Spencerville-Kossuth</b> (8 miles) <i>Senior Citizens Center on W. Elm St.</i>	Neal Kingsbery 229-3516			
Sunday Jan 7 <sup>th</sup>	2:00 AM 	<b>Sugarcreek Settlement</b> (5 miles) <i>Sugarcreek Church of the Brethren, Bluelick Rd. east of Rt 65.</i>	Linda Murray 225-8241			
Saturday Jan 13 <sup>th</sup>	1:00 PM 	<b>Old Time Trial Trail</b> (6 miles) <i>Zion Church at Zion Church and Conant Rd.</i>	Tony Pranses 339-4751			
Sunday Jan 14 <sup>th</sup>	2:00 PM 	<b>Shawnee Subdivision</b> (6 miles) <i>Shawnee School on Zurmehly &amp; Beeler Rd.</i>	Barb Robison 999-2091			
Saturday Jan 20 <sup>th</sup>	9:00 AM 	<b>Clifton Gorge Winter Hike</b> (4 miles) <i>Transportation is \$5.00</i> <i>Eastgate Plaza behind Wendy's on Harding Hwy. Bring \$</i>	Elton Hammond 222-7301			
Sunday Jan 21 <sup>st</sup>	2:00 PM 	<b>Auglaize Hill Hike</b> (6 miles) <i>Transportation is \$1.00</i> <i>Perry School on E. Breese &amp; Bowman Rd.</i>	Leslie Berggren 229-5823			
Saturday Jan 27 <sup>th</sup>	9:00 AM 	<b>Elida Breakfast Hike</b> (5 miles) <i>Bring breakfast money.</i> <i>Elida Middle School on Pioneer &amp; Sunnydale Rd. in Elida.</i>	Barb Robison 999-2091			
Sunday Jan 28 <sup>th</sup>	2:00 PM 	<b>Hog Creek Settlement</b> (5 miles) <i>Union Chapel Missionary Church on SR 81 &amp; Thayer Rd.</i>	Leslie Berggren 229-5823			
Saturday Feb 3 <sup>rd</sup>	1:00 PM 	<b>10 in 4 Qualification</b> (10 miles) <i>Elida Middle School on Pioneer &amp; Sunnydale Rd. in Elida.</i>	Neal Kingsbery 229-3516			
Sunday Feb 4 <sup>th</sup>	2:00 PM 	<b>Fort &amp; Lake Amanda</b> (5 miles) <i>Ft. Amanda Park on SR 198 south of Ft. Amanda Rd.</i>	Tony Pranses 339-4751			
Saturday Feb 10 <sup>th</sup>	1:00 PM 	<b>Lost Creek Hike</b> (5 miles) <i>McDonald's parking lot on Harding Hwy. &amp; SR 117.</i>	Barb Robison 999-2091			
Sunday Feb 11 <sup>th</sup>	2:00 PM 	<b>China Express Adventure</b> (5 miles) <i>Mark Pi's Express Restaurant, 711 N. Cable Rd.</i>	Dan Best 339-7211			