

THE ROAD RUNNER

<http://www.greaterlima.com/limaayh>

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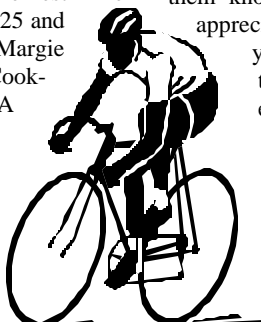
Renewing the Commitment

RESIDENT'S CORNER

P It has been a spectacular cycling season so far with mild temperatures and very little rain. This upcoming schedule features a selection of rides to suit just about any rider.

Highlights on this schedule include the Bremenfest Bike Tour, Saturday August 19th with routes of 10, 25 and 50 miles. On Sunday August 20th, Dan and Margie Best will once again host the LimaAYH Club Cook-out and Swim Party. The Kewpee/Lima YMCA Triathlon will be held Sunday August 27th. A club favorite, the 30th Annual Hancock Horizontal Hundred will be Sunday September 10th. Finally, the club will try something new with the Little Miami Bicycle Trail Adventure on Saturday and Sunday September 30th and October 1st.

We have extended the cycling season an extra week this year to include the last weekend in October. This is just an experiment to see if the weather holds. Last year we had such a great Indian Summer with really warm weather that was ideal for cycling.



Join us for a ride.

Neal and Dan have worked very hard trying to put together rides that will appeal to just about everyone. I appreciate their efforts and I know they value your input. So if you have a suggestion or comment about our events, please let them know. (I think they would also appreciate your letting them know you are grateful for the work they put into it. It's not the easiest job.

Let us all renew our commitments to the club. I want to thank all those who volunteer to lead rides and hikes, work MDMC or devote time as a board member. It takes effort from everyone to make things work.

See you on the road!



MILEAGE TOP 10 THRU JULY 31, 2000

1. Steve Quade	1362
2. Neal Kingsbery	1144
3. Loire Taylor	1117
4. Dan Best	1109
5. Linda Murray	959
6. Greg Sowinski	826
7. Elton Hammond	709
8. Jim Prichard	633
9. Jim Newcomer	616
10. Barb Robison	607

SPECIAL POINTS OF INTEREST:

- Thursday Evening Rides**— 6:30 p.m.— Shawnee High School on Beeler and Zurmehly Rd. Barb Robison (999-2091) is the leader during August.
- Little Miami Bicycle Trail Adventure**— Come join us Saturday Sept. 30th and October 1st. Meet at 10 a.m. at the Holiday Inn in Xenia, Ohio. Choose your own mileage cycling the trail through the towns along the way. Return to Xenia and stay (make your own reservations) in the Holiday Inn (937-372-9921) or Best Western (937-372-9955) or campgrounds. Regroup Sunday at 12 noon to ride again either north or south.
- Volunteers are needed to help with the cycling part of the Kewpee/Lima YMCA Triathlon, Sunday August 27th. If you want to help, call Howard Foltz at 419-225-7819.**



Jim Prichard and Kids Race!

Jim Prichard competed in his first bicycle racing event in the Tour 2000 bike race in New Bremen July 20th. Riding in the Local division with about 20 riders, Jim placed 7th!

Jim's kids, Emily and Tyler raced in the kids division. Congratulations on your efforts!



Are You Hungry?

Join Greg Sowinski and friends for their 105 mile annual trek to Decatur, Indiana.

Eat a **monstrous** lunch at the Back Forty, where it is said their buffet can't be beat. Work off the lunch by riding back home. Meet at 8:30 a.m., Tuesday August 15th. Bring money. Call Greg 419-228-5563.



AYH Club Cookout ... Dan Best

On Sunday, August 20th, Margie and I will host a barbecue and swim party at our home. The purpose of the party is three-fold.

First and most important, is to have fun. Second, the club wanted to say *Thank You* to the MDMC volunteers. And finally, as we have discussed many times, we need new routes for our bike rides.

When: August 20, 2000 at 6:30 p.m.

Where: 4864 Hummingbird Street, Elida

What is provided: Hot Dogs, Hamburgers & Drinks

What you need to bring:

- One covered dish per family.
- One new bike ride route per family. The route should include an easily accessible start point, road names with turns, rest stops, and a route map. Short routes of 20-40 miles would be very helpful.

Please RSVP to Dan at (419) 339-7211 by Sunday August 13th if you will be attending.



Another Successful MDMC

The Midwest Double Metric Century 2000 was held Sunday July 9, 2000. We had over 80 participants for the ride, which was a few more than last year. The day was sunny and beautiful, although it got a little windy and warm in the afternoon.

Riders remarked about how well-marked the route was. Neal Kingsbery once again was responsible for the route and the markings. He did a wonderful job as usual. Helping Neal mark the route this year were Barb, Leslie, Linda and Loire. Their efforts are greatly appreciated. If you have never marked a route before, you just can't realize how much work it is.

Leslie Berggren was in charge of the food. Once again, she did a terrific job planning a selection that was enjoyed by all the riders. Leslie also designed the jerseys again this year, and they look great! If you haven't purchased one, we still have a few left, so you will definitely want to buy one. The cost is \$35 for club members and \$40 for non-members.

I especially want to thank the volunteers of MDMC. Without your help we could not host this event.

A special thank you to Mike Stubbs of Dairy Queen. Mike opened his store at 5:30 a.m. for riders to fill their bottles and use the restroom. Mike also donated the cups, napkins, plates, and utensils.

Thank You Volunteers!		
Planning	Registration	DeGraff Food Stop
Barb Robison	Barb & Doug Robison	Leslie & Dave Berggren
Leslie Berggren	Dan Best	Nona Boedicker
Neal Kingsbery	Howard Foltz	Tony & Louise Pranses
Route & Markings	Elton Hammond	Linda Murray
Neal Kingsbery	Linda Murray	Bob Nagle
Leslie Berggren	Howard Hover	Steve Quade
Loire Taylor	Sag Drivers	Loire Taylor (Jackson Center)
Linda Murray	Tim Weitz	
Barb Robison	Jim Prichard	
Flyers & Web Site	Rodger Rex	
Doug Robison	Neal Kingsbery	

And a special thanks to Janet at K&T Grocery in Waynesfield for the discount on the food.

Barb Robison
Co-Director, MDMC 2000



2000 Time Trials Update

The fastest times so far this year are:

Greg Sowinski	24.3 Mph	13:35	July 16th
Greg Sowinski	23.5 Mph	14:01	June 11th
Jim Prichard	23.3 Mph	14:09	July 16th
Rodger Rex	23.3 Mph	14:09	July 16th
Rodger Rex	23.1 Mph	14:16	June 11th

LOCAL TRIP RULES

- All trips, including overnight trips, are open to all-unless Schedule states that they are for "**Members Only**".
- Persons under 18 take Qualifications in order-and they must be qualified for each trip (but see rule 5, below).
- All trips go regardless of weather. All trips go regardless of weather.
- Advance registration is required only when noted-"no-shows" will be billed.
- Leader may make special arrangements-he/she may cancel if less than six trippers. (Trippers ready to go receive 1 point.)
- Trips led by youth members must include an adult back-up.
- Non-member Fees: Individual \$.50 Family \$1.00.
- HELMETS ARE REQUIRED** for all bicycle rides.

QUALIFICATIONS

	Qualification	Trip Type	Max. Miles
H	None	Flatfoot	5
I	5 - in - 2	Gumshoe	8
K	10 - in - 4	Fleetfoot	12
E	15 - in - 6	Mercury	18
D	20 - in - 7	Olympian	25
C	None	Huff 'n Puff	25
Y	25 - in - 3	Quartermaster	35
C	50 - in - 5	Goldenrod	60
L	75 - in - 7	Diamondback	90
E	100 - in - 10	Centurion	125
D	100 - in - 8	Super Centurion	125

2000-2001 Board of Trustees

Term Expires '01

Leslie Berggren
Neal Kingsbery
Linda Murray
Rick Siferd
Tim Weitz

Term Expires '02

Elton Hammond
Jim Newcomer
Kay Nolte
Tony Pranses

Term Expires '03

Dan Best
Howard Foltz
Jim Prichard
Rodger Rex
Barb Robison
Loire Taylor
Gene Wright

1999-2000 Executive Committee

President Barb Robison
Vice President & Communications Rodger Rex
Secretary Linda Murray
Treasurer & Finance Tony Pranses
Organization Elton Hammond
Service Howard Foltz
Program Dan Best
Program Neal Kingsbery
Program Leslie Berggren
Newsletter Barb Robison

AMERICAN YOUTH HOSTELS MEMBERSHIP APPLICATION

Make check or money order payable to Lima Council, AYH.

Mail to:

Lima Council, AYH, PO Box 173, Lima, OH 45802.

Name _____

Address _____

City _____ St _____ Zip _____

New _____ Renewal _____ Birthdate ____/____/____

Phone # (_____) _____ - _____

Annual Membership valid for 12 months from end of purchase month. Supporting and Sustaining Member fees are partially tax deductible. Donations are fully tax deductible.

Membership Type (AYH Handbook & Road Runner newsletter are free to members.) FEE TOTAL

YOUTH (17 and younger)..... Free _____

SENIOR CITIZEN (55 AND OLDER) \$ 15 _____

ADULT 25 _____

LIFE..... 250 _____

SUPPORTING..... 50 _____

SUSTAINING..... 100 _____

DONATION to American Youth Hostels, Inc. _____

International Handbooks \$13 ea. (\$11 if no postage) _____

Sheet Sleep Sacks \$15 ea. (\$13 if no postage) _____

TOTAL \$ _____

Activity Schedule

August - September 2000

All trips are **Free** to **AYH Members**, except as noted. Non-Members pay 50¢ each or \$1.00 per Family.

Date	Time	Event	Leader	Miles		Points
				Hike	Bike	
Saturday Aug 12 th	1:00 PM 	40 Acre Pond Ride (38 miles) Goldenrod. <i>Bresler Reservoir Parking Lot on Kemp Rd.</i>	Neal Kingsbery 229-3516			
Sunday Aug 13 th	2:00 PM 	Conant Crawl (19 miles) Huff 'n Puff. <i>Shawnee High School on Zurmehly and Beeler Rd.</i>	Linda Murray 225-8241			
Tuesday Aug 15 th	8:30 AM 	Back Forty in Decatur Indiana (104 miles) Centurion. <i>Greg Sowinski's apartment. Call Greg for details.</i>	Greg Sowinski 228-5563			
Saturday Aug 19 th	6:30 AM 	Bremenfest Bike Tour (10, 25, 50 miles) Goldenrod. <i>Carpool from Senior Citizens Center. on W. Elm St. to drive to New Bremen, Ohio. Call Neal Kingsbery for application.</i>	Neal Kingsbery 229-3516			
Sunday Aug 20 th	2:00 PM 	South End Exit (23 miles) Huff 'n Puff. <i>Central Services Bldg. at S. Collett St.</i>	Steve Quade 224-0402			
	6:30 PM	AYH Club Cookout & Swim Party (RSVP by August 13 th) <i>Dan Best's Home at 4864 Hummingbird St., Elida. See article.</i>	Dan Best 339-7211			
Saturday Aug 26 th	1:00 PM 	Cyclist Bites Dog Ride (29 miles) Qtrmstr. <i>Central Services Bldg. at S. Collett St.</i>	Barb Robison 999-2091			
Sunday Aug 27 th	7:00 AM	Kewpee/Lima YMCA Triathlon (Assist on Bike Route.) <i>Ottawa Metro Park on St Rt 81 East.</i>	Howard Foltz 225-7819			
	2:00 PM 	Lafayette Loop (22 miles) Huff 'n Puff. <i>Lincoln Park on E. Elm St.</i>	Barb Robison 999-2091			
Saturday Sept 2 nd	10:00 AM 	Crooked Course to Bluffton (38 miles) Goldenrod. <i>Northland Huntington Bank, on N West St. Bring lunch or \$.</i>	Barb Robison 999-2091			
Sunday Sept 3 rd	2:00 PM 	OSU and You (22 miles) Huff 'n Puff. <i>Central Services Bldg. on S. Collett St.</i>	Dan Best 339-7211			
Saturday Sept 9 th	10:00 AM 	Wapak-St. Mary's Ride (44 miles) Goldenrod. <i>Shawnee School on Zurmehly & Beeler Rd. Bring lunch or \$.</i>	Neal Kingsbery 229-3516			
Sunday Sept 10 th	7:15 AM 	30th Hancock Horizontal Hundred (32-64-100 miles) <i>Findlay High School at I-75 and US 224 in Findlay. Must pre-register by August 31st! www.bright.net/~weddell/</i>	Dan Best 339-7211			
Saturday Sept 16 th	10:00 AM 	Cascade Park (50 miles) Goldenrod. <i>Bresler Reservoir parking lot on Kemp Rd. Bring lunch or \$.</i>	Neal Kingsbery 229-3516			

Lima Council

Hostelling International
American Youth Hostels
PO Box 173
Lima, Ohio 45802

<http://www.greaterlima.com/limaayh>

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Activity Schedule

September - October 2000

All trips are **Free** to AYH Members, except as noted. Non-Members pay 50¢ each or \$1.00 per Family.

Date	Time	Event	Leader	Miles		Points
				Hike	Bike	
Sunday Sept 17 th	2:00 PM 	39th AYH Birthday Ride to Ft. Amanda (25 miles) Qtrmstr. <i>Central Services Bldg. on S. Collett St.</i>	Leslie Berggren 229-5823			
Saturday Sept 23 rd	1:00 PM 	Saddle Safari (40 miles) Goldenrod. <i>Northland Plaza Huntington Bank, on N. West St.</i>	Barb Robison 999-2091			
Sunday Sept 24 th	2:00 PM 	Time Trials #5 (How Fast Can YOU Go?) <i>Zion Church at Zion Church and Conant Rd.</i>	Neal Kingsbery 229-3516			
Tuesday Sept 26 th	7:30 PM	Executive Committee Meeting <i>American Mall Meeting Room near Anderson's.</i>	Barb Robison 999-2091			
Sat & Sun Sept 30 th – Oct 1 st	10:00 AM 	Little Miami Bicycle Trail Adventure <i>Meet at 10 am Saturday, Holiday Inn, Xenia, Ohio. Meet at 12 noon Sunday, Holiday Inn, Xenia, Ohio.</i>	(see article)			
Saturday October 7 th	1:00 PM 	Rockport Ramble (30 miles) Quartermaster. <i>Northland Plaza Huntington Bank, on N. West St.</i>	Steve Quade 224-0402			
Sunday Oct 8 th	2:00 PM 	Historic Triangle (24 miles) Huff 'n Puff. <i>Central Services, on S. Collett St.</i>	Leslie Berggren 229-5823			
Saturday Oct 14 th	1:00 PM 	Ridge Road Ramble (33 miles) Quartermaster. <i>Channel 44 Parking Lot, on Baty Rd.</i>	Steve Quade 224-0402			
Sunday Oct 15 th	2:00 PM 	Time Trials #6 (How Fast Can You Go?) <i>Zion Church at Zion Church and Conant Rd.</i>	Neal Kingsbery 229-3516			
Saturday Oct 21 st	9:00 AM 	Top of Ohio Bikeway (50 miles) Goldenrod. <i>Carpool from Wendy's in Eastgate, on Harding Highway. Bring food and water.</i>	Loire Taylor 229-4449			
Sunday Oct 22 nd	2:00 PM 	Airport Jog (20 miles) Huff 'n Puff. <i>Central Services, on S. Collett St.</i>	Loire Taylor 229-4449			
Tuesday Oct 24 th	7:30 PM	Board of Trustees Meeting <i>American Mall Meeting Room, near Anderson's.</i>	Barb Robison 999-2091			
Saturday Oct 28 th	1:00 PM 	Bike to Ft. Jennings (34 miles) Quartermaster. <i>Bresler Reservoir Parking Lot, on Kemp Rd.</i>	Rodger Rex 647-4602			
Sunday Oct 29 th	2:00 PM 	Wapak Snack (22 miles) Flatfoot. <i>Shawnee School on Zurmehly and Beeler Rd. Bring snack \$.</i>	Barb Robison 999-2091			